A HANDBOOK OF PROGRAM DESCRIPTIONS, ELIGIBILITY CRITERIA, AND CONTACT INFORMATION

KENTUCKY DISABILITY RESOURCE MANUAL

Offered by the Human Development Institute at the University of Kentucky for persons with disabilities, their families, and service providers in Kentucky.

HDI Human Development institute
UNIVERSITY CENTER FOR EXCELLENCE IN DEVELOPMENTAL DISABILITIES

This manual may be also be viewed at www.hdi.uky.edu

PURPOSE STATEMENT

This manual was designed primarily for use by individuals with developmental disabilities and related conditions. We hope that it is also useful for families, as well as service coordinators and providers who directly assist families and individuals with developmental disabilities.

The main focus of this manual is to provide easy-to-read information concerning available resources, and to provide immediate contact information for the purpose of applying for resources and/or locating additional information.

You may notice that many of the resources listed in this manual are directly linked to regional Community Mental Health Centers. Often, and especially with children under the age of three and adults, a local Community Mental Health Center will be the point of entry for an individual to gain access to many programs and services. For school-aged children and adolescents, the most direct route to services is often through the local public school system.

This product is the hard-copy version of the Disability Resource Manual created by the Human Development Institute. An online version of this manual with a site search engine is also available at **www.hdi.uky.edu**. This website has been tested for web acessibility and is accessible to screen readers. Alternate formats of this manual are available upon request.

The list of resources provided within this manual is not meant to be exhaustive. The purpose is to focus on resources available to individuals with developmental disabilities, though other related resources have been included. If you are aware of additional resources that are available and that should be included, we invite you to contact us regarding future editions of this manual. Thank you.

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The Commission for Children with Special Health Care Needs

What is the CCSHCN?

The Commission for Children with Special Health Care Needs is an agency that provides diagnosis and treatment for persons with certain disabilities, both congenital and acquired (i.e., cerebral palsy, spina bifida, etc...).

Does my child qualify for services from CCSHCN?

- Your child must be a resident of Kentucky
- Your child must be under the age of 21 years (exception: adults with Hemophilia may also qualify)
- Your child must have a condition usually responsive to medical treatment provided by our program
- You must meet financial guidelines

How do I apply?

To find the regional office that serves your area:

Commission for Children with Special Health Care Needs
310 Whittington Parkway, Suite 200
Louisville, KY 40222

Phone: (502) 429-4430
Toll Free: (800) 232-1160
Fax: (502) 429-4489

How can I learn more?

Web site address: **www.chfs.ky.gov/ccshcn**

Early Periodic Screening Diagnostic and Treatment Special Services (EPSDT)

What is EPSDT?

The EPSDT Screening Program provides routine physicals or well-child check-ups for Medicaid eligible children at certain specified ages. It is considered preventive care. Children are checked for medical problems early. Specific tests and treatments are recommended as children grow older. The areas of health care that are checked include: preventive check-ups, growth and development assessments, vision, hearing, dental, immunizations, and laboratory tests.

Does my child qualify?

- Must be age 21 or under and be eligible for Medicaid.
- Services must be deemed medically necessary by peer review organizations and must be prior authorized by these organizations.
- Medical necessity is determined by Kentucky Health Choices

How can I apply for EPSDT services?

Application forms must be submitted by the service provider. Required information includes:

- A physician's order
- Product information
- Prices from different providers with comparable products
- A letter from the physician or other professional including
    - Patient history
    - Diagnosis and prognosis
    - Medical justification for each item/service
    - Description of the benefit to the patient
    - Length of time that the patient will need the item/service

Often, the application process can be facilitated through a home health agency, nurse's registry, dental agency, or equipment provider. Your local Community Mental Health Center (see page 36) may have a listing of local EPSDT providers. If you are refused service through EPSDT, there is an appeal process. For questions about appealing a decision, contact Kentucky Protection and Advocacy at (800)-372-2988 or (502) 564-4527 (Voice/TTY).

How can I learn more?

Call the Department of Medicaid Services, Phone: (800) 635-2570/TTY (800) 775-0296

Web site address: **www.chfs.ky.gov/dms/epsdt.htm**

How does one become a service provider?

Providers of service must obtain an ESPDT provider number. Call Provider Enrollment at (877) 838-5085.

First Steps

What is First Steps?

First Steps is an early intervention program that serves children from birth to age three who have a developmental delay or a physical or mental condition that may cause a delay in development. Services include, but are not limited to, evaluation of the child's development, home visits, and an Individual Family Services Plan (IFSP).

Does my child qualify?

- Child must be younger than age 3
- Child must have a developmental delay or disability
- OR an established risk condition (Down syndrome, spina bifida, cerebral palsy, etc...).

Areas of concern in child development

- Communication
- Motor Skills
- Cognitive Development
- Social and Emotional Skills
- Adaptive or Self-Help Skills

If you have a concern about your child in any of the areas listed above, you can apply for the First Steps program. An evaluation of your child's development will be available.

How do I apply?

Contact the First Steps Program: ((800) 442-0087 or TTY: (502) 564-5777
You will then be directed to your local point of entry office.

How can I learn more?

Cabinet for Health and Family Services
275 E. Main Street
Frankfort KY 40621

Web site address: **www.chfs.ky.gov/dph/firststeps.htm**

Kentucky IMPACT Program

What is the Kentucky IMPACT Program?

Kentucky IMPACT is a statewide program which coordinates services for children with severe emotional disabilities and their families.

Service coordination between teachers, physicians, individual counselors, and the family is offered; intense in-home family services are available; and the IMPACT team is sometimes able to provide funds for the purchase of miscellaneous items needed by the child. Support groups are also available.

Does my child qualify?

- Child must be younger than 18.
- Must have a diagnosis of a psychiatric disorder. Diagnosis of chemical dependency, intellectual disabilities or other brain disorder may be present, but cannot be the primary diagnosis.
- Must be severely limited in at least two of the following areas: self-care, interpersonal relationships, difficulty in daily life activities, self-direction, must have been disabled for at least one year, and must require service planning from two or more agencies.

How can I apply for IMPACT services for my child?

You may contact the state office for Kentucky IMPACT, and you will be directed to the appropriate regional office:

100 Fair Oaks Lane, 4E-D
Frankfort, KY 40621-0001

Phone: (502) 564-4456
TTY: (502) 564-5777
Fax: (502) 564-9010

Or you may contact your local Community Mental Health Center (See Community Mental Health Center listings beginning on page 36).

How can I learn more?

Kentucky IMPACT Web site address: **www.mhmr.ky.gov/mhsas/KY%20Impact.asp**

Or you may contact your local Community Mental Health Center to determine if there are providers in your area. (See Community Mental Health Center listings beginning on page 36)

IMPACT Plus

What is IMPACT Plus?

IMPACT Plus is a collaborative effort of the Department for Medicaid Services, Department for Community Based Services, and the Department for Behavioral Health, Developmental and Intellectual Disabilities. This program provides a network of care and services for Medicaid/K-CHIP-eligible children with complex treatment needs.

Services include: behavioral health evaluations, individual & group therapy, child support services, after school or summer programs, day treatment services, partial hospitalization, intensive outpatient behavioral health services, therapeutic foster care, parent-to-parent support, and targeted case management. Services also include placements in a hospital, psychiatric treatment facility, group or foster home or other court-placed facility.

Does my child qualify?

Must be under the age of 21 and fit one of the following requirements:

- Currently in the custody or under the supervision with risk of being in the custody of the Department for Community Based Services or Department of Juvenile Justice
- Must be at risk for immediate and extensive institutionalization (hospitalization, out of home placement).

Must have documentation to prove:

- A severe and continuing DSM-IV-R Axis I diagnosis, other than dementia or substance abuse
- A serious behavioral health problem related to the diagnosis that has lasted in the home, school, and community for the past 6 months and has been determined by a behavioral health professional to be at high risk of continuing for 6 months
- A plan of medically-necessary community based behavioral health services that can reasonably be expected to improve the child's condition so that the child may discontinue the intensive services and be discharged to a less intensive behavioral health service or program within 6 months
- Other intensive services within the child's community are not enough to meet the child's needs or are not available

How do I apply for IMPACT Plus services for my child?

Contact the IMPACT Plus Program Office at the Department for Behavioral Health, Developmental and Intellectual Disabilities:

Phone: (502) 564-4797 /TTY (502) 564-5777
Fax: (502) 564-4826

How can I learn more?

IMPACT Plus Web site address: **www.mhmr.ky.gov/mhsas/Impact%20Plus%20SP%20info.asp**

Kentucky Children's Health Insurance Program (K-CHIP)

What is K-CHIP?

K-Chip's mission is to provide health insurance coverage to low income, uninsured children in Kentucky.

The K-CHIP staff understands that access to health care is very important and that preventive care is a large part of health care. Immunizations, well child checkups, and other preventive services help children get and stay healthy.

Does my child qualify?

- Must be less than 19 years of age
- Must not be eligible for Medicaid
- Must not have had health insurance for at least six months
- Must not have voluntarily dropped child's insurance within the past 6 months
- Family income must be at or below 200% of the Federal Poverty Line.

How can I apply for my child to obtain medical coverage through K-CHIP?

Contact the K-CHIP Program, Department for Medicaid Services, where eligibility and services are determined by local offices in the county where the applicant resides:

Phone: (877) 524-4718
Spanish: (800) 662-5397
TTY: 711

The K-CHIP email address is **chfs.kchip@ky.gov**

How can I learn more?

The K-CHIP Web site address: **www.kidshealth.ky.gov/en/kchip**

Medicaid (KyHealth Choices)

What is Medicaid?

KyHealth Choices is the new name for Kentucky Medicaid, which is a joint federal-state program that pays for medical services on behalf of certain groups of low-income persons. Members of families with children, pregnant women, elderly, blind, or persons with a disability are eligible for Medicaid if they meet certain financial criteria.

Do I qualify?

Individuals or families with dependent children may be eligible for Medicaid if they meet one of the following requirements:

- A pregnant woman
- A dependent child under age 19
- A parent of a dependent child, if one parent has left the home, cannot work due to sickness or disability or has died
- Parents (both) living with the dependent child, if the parent who earned the most income in the last 24 months is unemployed.

Income requirements are based on family size, pregnancy, and age of the youngest child.

How can I apply for Medicaid coverage?

An application for Medicaid may be filed at your local Department for Community Based Services Office. Applicants will be required to show proof of identity, proof of citizenship, proof of health insurance, proof of income, Social Security number, and a doctor's statement verifying pregnancy, if applicable.

For more information, call:
Cabinet for Health Services of Kentucky
Department for Medicaid Services

(800) 635-2570

How can I learn more?

Visit the Kentucky State Medicaid Web site: **www.chfs.ky.gov/dms/kyhealthchoices.htm**

Medicare

What is Medicare?

Medicare is the nation's largest health insurance program, which covers more than 39 million Americans 65 or over, some people with disabilities under 65, and people of all ages with End State Renal Disease. Medicare has two parts:

- Part A (Hospital Insurance) - Most people do not have to pay for Part A
- Part B (Medical Insurance) - Most people pay monthly for Part B

Do I qualify for Medicare?

- Must be a citizen or permanent resident of the United States;
- Must be 65 years of age and older OR
- You or your spouse must have worked for at least 10 years in Medicare-covered employment
- Be under 65 with End Stage Renal Disease OR
- Have received Social Security or Railroad Retirement disability for 24 months.

If you are not a U.S. citizen or a lawfully admitted alien who has lived in the U.S. continuously for a five-year period, please contact the Social Security Administration at (800) 772-1213 for your Medicare enrollment and eligibility.

How can I apply for Medicare coverage?

- If you are not yet 65 and already getting Social Security or Railroad Retirement Board benefits, you do not have to apply for Medicare.
- If you are disabled and have been receiving disability benefits under Social Security or Railroad Retirement Board for 24 months, you will be automatically enrolled in Part A and Part B beginning the 25th month of benefits.
- If you are not receiving Social Security or Railroad Retirement Board benefits you must apply for Medicare Part A and Part B. You can apply by contacting the Social Security Administration (or Railroad Retirement Board).
- You should apply three months before the month you turn 65.

How can I learn more?

Call the Social Security Office:

Phone: (800) 772-1213
TTY: (800) 325-0778

Medicare Web site: **www.medicare.gov/Basics/Overview.asp**

Additional Medicare and Medicaid Guides

The Kaiser Family Foundation has released new guides that explain the role of Medicare and Medicaid for roughly 20 million children, adults and seniors with disabilities.

These guides offer basic introductions to the Medicare and Medicaid programs, including answers to questions such as:

- How do people with disabilities apply for coverage under Medicare or Medicaid?
- What is Medicare's policy for covering durable medical equipment?
- Where can people with disabilities turn if they need help in applying for Medicaid?
- How do people with disabilities appeal Medicare coverage decisions?
- Can a person with a disability who has Medicare and/or Medicaid be employed and still keep their coverage?

How can I learn more?

The guides and additional information are available in PDF and HTML formats at **www.kff.org/medicare/disabilities.cfm**

Acquired Brain Injury (ABI) Waiver

What is the ABI Waiver Program?

This program is designed to provide intensive services and supports to adults with acquired brain injuries as they work to re-enter community life. Services include case management, personal care, companion services, respite care, environmental modifications, behavior programming, counseling and training, structured day programs, specialized medical equipment and supplies, prevocational services, supported employment, occupational therapy, community residential services, and speech and language services. Services can only be provided in community settings.

Do I qualify for ABI?

You Must:

- Have an acquired brain injury
- Be between the ages of 21 and 65
- Meet nursing facility level of care
- Be expected to benefit from waiver services
- Be financially eligible for Medicaid services

How do I apply for ABI?

You may call for an application:
(502) 564-5198
or toll free: (866) 878-2626

Or you may write:
Brain Injury Services Branch
275 E. Main Street, 6W-B
Frankfort, KY 40621

How can I learn more about ABI?

Web site address: **www.chfs.ky.gov/dms/Acquired+Brain+Injury.htm**

For members who would like to choose Consumer Directed Option Services for ABI, visit the DMS CDO page: **www.chfs.ky.gov/DMS/Consumer+Directed+Option.htm**

Acquired Brain Injury (ABI) Long-term Care Waiver

What is the ABI Long-term Care Waiver Program?

The Acquired Brain Injury Long Term Care Waiver program provides an alternative to institutional care for individuals that have reached a plateau in their rehabilitation level and require maintenance services to avoid institutionalization and to live safely in the community. Services include case management, community living supports, respite care, adult day health care, adult day training, environmental modifications, behavior programming, counseling, group counseling, specialized medical equipment and supplies, supported employment, occupational therapy, speech therapy, nursing supports, family training, physical therapy, assessment and reassessment, and supervised residential care.

Do I qualify for ABI?

You Must:

- Be at least 18 years of age
- Meet nursing facility level of care
- Have a primary diagnosis of an acquired brain injury which necessitates supervision, rehabilitative services and long term supports
- Be financially eligible for Medicaid services

How do I apply for ABI?

You may call for an application:
(502) 564-5198
or toll free: (866) 878-2626

Or you may write:
Brain Injury Services Branch
275 E. Main Street, 6W-B
Frankfort, KY 40621

How can I learn more about ABI?

Web site address: **www.chfs.ky.gov/dms/Acquired+Brain+Injury+-+Long+Term+Care.htm**

For members who would like to choose Consumer Directed Option Services for ABI, visit the DMS CDO page: **www.chfs.ky.gov/DMS/Consumer+Directed+Option.htm**

Assistive Technology

What is Assistive Technology?

Assistive technology refers to devices and tools that are created to help those with disabilities participate more fully in the activities of daily life.

Assistive technology can be funded by:

- Private insurance
- Public funding
- Other private sources
- Loans

How can I apply for Assistive Technology?

Assistive technology may be provided through several agencies, each with its own application process. Call the Kentucky Assistive Technology (KATS) Network for information on local providers in your area:

KATS Network
Charles McDowell Center
8412 Westport Rd
Louisville, KY 40242

Toll Free: (800) 327-5287
Fax: 502-429-7114

What can I expect from KATS NETWORK?

- KATS helps people of all ages
- A KATS representative will ask a few questions to help determine your need
- KATS will direct you to the right agency or service provider
- KATS publishes a handbook which is available upon request

How can I learn more?

Web site addresses:

www.katsnet.org (Kentucky KATS Network)

www.katlc.ky.gov (Assistive Technology Loan Corporation)

Centers for Independent Living (CIL)

What are Centers for Independent Living?

CILs are typically non-residential, private, non-profit, consumer-controlled, community-based organizations providing services and advocacy by and for persons with all types of disabilities. The goal is to assist individuals with disabilities achieve their maximum potential within their families and communities.

What services to CILs offer?

CILs work to assure physical and programmatic access to housing, employment, transportation, communities, recreational facilities, and health and social services.

CILs offer services including: information and referral, peer counseling, advocacy, and independent living skills training which teach self-help skills, inform people about other disability programs, and create new services. CILs treat housing, transportation, attendant services, employment and discrimination as the interlocking problems that they are.

CILs can help you learn more about transportation in your community and how to use it, as well as provide assistance in completing the Assistive Technology Loan Board application.

How can I learn more?

Center for Accessible Living
305 W. Broadway, Suite 200
Louisville, KY 40202
(502) 589-6620
(800) 813-8497 (voice)
(502) 589-6690 (TTY)
(502) 589-3980 (fax)
Email: **info@calky.org**
Web site: **www.calky.org**

Center for Accessible Living
1051 N. 16th Street, Suite C
Murray, KY 42071
(270) 753-7676 (voice)
(888) 261-6194
(270)767-0549 (TDD)
(270)753-7729 (fax)
Email: **info@calky.org**
Web site: **www.calky.org**

Disability Resource Initiative
624 Eastwood Drive
Bowling Green, KY 42103
(270) 796-5992
(270)796-6630 (fax)
Email: **initiative@dri-ky.org**
Web site: **www.dri-ky.org**

Pathfinders for Independent Living, Inc.
105 E. Mound Street
Harlan, KY 40831
(606) 573-5777
Fax: (606) 573-5739
Email: **pathfinders@harlanonline.net**

Independence Place
824 Euclid Avenue, Suite 103
Lexington, KY 40502
TTY: (800) 648-6056
Toll Free: (877) 266-2807
Fax: 859-335-0627
Email: **info@independenceplaceky.org**
Web site: **www.independenceplaceky.org**

Consumer Directed Option

What is the Consumer Directed Option?

The Consumer Directed Option (CDO) gives Medicaid waiver members more choices in the way some Medicaid services are provided. With CDO you can choose who will provide services you need as well as how, when and where services will be provided. You can choose a friend, family member, or support broker to help you direct your services. You can blend services and may return to traditional service delivery at any time with no loss of services. A support broker will help you design your plan of care which is based on your particular needs.

Do I qualify for services from Consumer Directed Option?

You must be a Medicaid eligible and enrolled in one of the following Medicaid Waiver programs:

- Home and Community-Based (HCB) Waiver
- Supports for Community Living (SCL) Waiver
- Michelle P. Waiver
- Acquired Brain Injury (ABI) Waivers
- Residential and medical services are not covered under the Consumer Directed Option. Your support broker can advise you about CDO eligible services.

How do I apply?

To find the office of Aging and Independent Living that serves your area:

KY Health Choices
Consumer Directed Option
Department for Aging and Independent Living
275 E. Main St., 3E-E
Frankfort, KY 40621

(877) 293-7447

How can I learn more?

Web site address: **www.chfs.ky.gov/dms/Consumer+Directed+Option.htm**

Hart-Supported Living Program

What is Hart-Supported Living?

The Hart-Supported Living program is for Kentuckians with disabilities to request grants for supports so they can live in, contribute to and participate in their communities. Any Kentuckian with a disability recognized under the Americans with Disabilities Act (ADA) is eligible to apply for a Hart-Supported Living grant. The program is administered through the Department for Aging and Independent Living, but it is a program for people with all disabilities.

Do I qualify?

You (and your family, friends, and the people who support you) should consider applying for a Hart-Supported Living grant if:

- You want to live in a home of your choice that is typical of the homes where people without disabilities live
- You want to participate in your community with all members of the community
- You want to decide for yourself what supports and services you need to live in the community
- You want to arrange for and manage your own supports

How can I apply for Supported Living Services?

Contact your Regional Supported Living Coordinator for an application and for assistance in completing the application. Applications must be received by April 1st in the office of Regional Hart-Supported Living Coordinator for funding for the upcoming fiscal year, beginning July 1st.

Contact the State Hart-Supported Living Coordinator:

Phone: (502) 564-6930
Fax: (502-564-4595

How can I learn more?

For more information and a list of Regional Hart-Supported Living Coordinators, visit the Kentucky Hart-Supported Living Web site: **www.chfs.ky.gov/dail/hartsupportedliving.htm**

Home and Community-Based Waiver (HCB Waiver)

What is the HCB Waiver?

The Home and Community-Based Waiver program provides Medicaid coverage to eligible persons who are aged or disabled, who would otherwise require nursing facility level of care. Services include but are not limited to the following: assessment and reassessment, case management, homemaker services, personal care services, respite care, minor home adaptations, attendant care, and adult day health care.

Do I qualify for this service?

- If you receive Medicaid, you qualify for this program. (if not previously eligible, qualifying for HCB may enable you to become eligible for Medicaid. Some families choose to pay for the first month of HCB. The second month of service eligibility is determined by the financial eligibility of the individual instead of the family.)
- A physician must certify that without these services, the physician would order nursing facility care
- There is no age requirement for the HCB Waiver

How can I apply for the HCB Waiver?

Your local Community Mental Health Center may have a listing of Home Health Agencies that perform as HCB providers in your area. Local Community Mental Health Centers are listed beginning on page 36.

Or contact the Department for Medicaid Services:
(502) 564-5707
TTY: (800) 372-2973

How can I learn more?

Web site address: **www.chfs.ky.gov/dms/hcb.htm**

Homecare Program

What is the Homecare Program?

The Homecare Program helps adults who are at risk of institutional care to remain in their own homes by providing supports and services to ensure daily needs are provided. This is accomplished primarily by coordinating the help of caregivers and and provider agencies.

Assessment and case management, home management and personal care, home delivered meals, chore services, home repair, respite for family caregivers and home health aide service are among the assistance provided.

Do I qualify for this resource?

- You must be 60 or older and unable to perform two activities of daily living or three instrumental activities of daily living
- You must be at risk of going to an institution; or
- You must be in an institution, but would able to return to a private home environment if needed services are provided.

How do I apply?

You may request an application from the Office of Aging Services in Frankfort by calling (502) 564-6930 or you may contact your local Community Mental Health Center to determine if there are Homecare Program providers in your area. (See Community Mental Health Center listings beginning on page 36)

How can I learn more?

Department for Aging and Independent Living
275 E. Main St., 3E-E
Frankfort, KY 40621

Phone: (502) 564-6930/TTY (888) 642-1137
Fax: (502) 564-4595

Web site address: **www.chfs.ky.gov/dail/homecare.htm**

KY TRANSITIONS
(Money Follows the Person Demonstration Grant)

What is KY Transitions?

Utilizing funding from the Money Follows the Person Demonstration Grant, the Department for Medicaid Services assists eligible individuals to transition from institutional settings back into the community. This program allows for flexibility in the individual's choice over the location and the type of services the person receives as their needs and preferences change.

Do I qualify for KY Transitions?

Those eligible:

- Elderly, physically disabled, individuals with intellectual disabilities and developmental disabilities and individuals with acquired brain injury
- Have resided in an institutional setting (ICF/MR or Nursing Home) a minimum of three consecutive months
- Meet Medicaid eligibility requirements and receiving services at least the month prior to transition

How do I apply for KY Transitions?

You may call: (502) 564-0330 or toll free (877) 564-0330

Or you may write:

KY Transitions
275 East Main, 6 W-B
Frankfort, KY 40621

How can I learn more?

Web site address: **www.chfs.ky.gov/dms/MFP.htm**

Michelle P. Waiver

What is the Michelle P. Waiver?

In 2002, some people with developmental disabilities sued the Commonwealth of Kentucky because the state didn't provide enough help for them to live in the community instead of an institution. Kentucky finally agreed to provide extra services and settled the suit. It then created the Michelle P. Waiver.

The Michelle P. Waiver is a Medicaid program that helps people live in the community or go back to the community after living in an institution. It is for anyone with intellectual disabilities or a developmental disability who is eligible to receive services at an ICF/MR, like Oakwood, Hazelwood, or Cedar Lake Lodge. To get the waiver, you must also have a medical card or be eligible for one. Both children and adults can qualify.

What services are provided through the Michelle P. Waiver?

- Case Management
- Supported Employment *
- Homemaker *
- Attendant Care *
- Personal Care *
- Behavioral Supports *
- Respite
- Assessment/Reassessment
- Adult Day Health *
- Occupational Therapy *
- Adult Day Training *
- Physical Therapy *
- Environmental and Minor Home Adaptations
- Speech Therapy *
- Community Living Supports *

**Services with an asterisk are limited to 40 hours a week altogether.*

A case manager or support broker will help you decide the services you need. There are no residential services with the Waiver. It was designed to help people who live in their own homes or a family member's home, but need help to continue living in the community.

Who provides the services?

Once you receive the Waiver, you can get services from any Supported Community Living (SCL), Home and Community Based Waiver (HCBW) or Adult Day Health Care (ADHC) provider. You can even hire someone you know to provide some of the services through the consumer-directed option. For more information about the Consumer Directed Option, see page 14 in this resource manual.

How do I apply?

To apply, contact your local Community Mental Heath Center. It will provide an assessment to determine if you are eligible. You can find your Center by visiting **www.chfs.ky.gov/dms/mpw.htm** or by calling (502) 564-4527. When you apply for yourself or your child, be sure to ask to be added to the SCL waiting list. For more information on SCL, see page 21.

How can I learn more?

For more information on the Michelle P. Waiver, please call Protection and Advocacy at (800) 372-2988 or visit our Web site at **www.kypa.net**.

Personal Care Attendant Services Program

What is the Personal Care Attendant Services Program?

Attendant services are provided for people 18 and older with functional loss of two or more limbs and who have the ability to hire and supervise an attendant. Services include assistance with personal care, housekeeping, shopping, travel, self-care procedures, meal preparation, and other daily activities. State and local funds are used by local organizations to provide services and programs that help maintain older persons in their own homes. Please contact the Department of Aging and Independent Living to determine whether or not there is a waiting list for services.

Do I qualify?

- Must be 18 years of age or older
- Must be severely physically disabled with permanent or temporary recurring functional loss of two or more limbs
- Must need at least 14, but no more than 40, hours of personal care attendant services per week
- Must be mentally capable of instructing and supervising attendants
- Must be able to prepare attendant payroll reports and employer tax statements

How can I apply for these services?

Contact the Office of Aging Services, Cabinet for Health Services:

Department for Aging and Independent Living
275 E Main St., 3E-E
Frankfort, KY 40621

Phone:(502) 564-6930
TTY: (888) 642-1137
Fax: (502) 564-4595

How can I learn more?

Personal Care Attendant Services Program Web site: **www.chfs.ky.gov/dail/pcap.htm**

Supports for Community Living (SCL)

What is the Supports for Community Living Program?

SCL provides services to individuals with intellectual disabilities that enable them to live in the home or in the community rather than in an institution. SCL services include the following: support coordination, residential supports, supported employment, behavior supports, psychological services, occupational therapy, physical therapy, speech therapy, respite care, as well as specialized medical equipment and supplies. There is often an extended waiting list for SCL, so it is very important to contact the Supports for Community Living Office to have your name added to this list.

Do I qualify for SCL?

- Must have an intellectual disability
- Must meet Medicaid requirements
- Must be eligible to receive services at an ICF/MR, such as Oakwood, Hazelwood, or Cedar Lake Lodge

How can I apply for SCL?

- The first step is to complete an application form
- You can get an application form by calling or by visiting the Web site

How can I learn more?

Phone: (502) 564-7702
TTY: (502) 564-5777

Supports for Community Living web site: **www.chfs.ky.gov/dms/scl.htm**

Supported Employment

What is Supported Employment?

Supported Employment services assist persons with severe disabilities find and maintain employment in an integrated setting with long-term support. This program is meant for individuals who need ongoing support to be successful in their job.

Do I qualify for Supported Employment services?

- If you receive SSI benefits, you qualify
- However, it is not necessary to receive SSI to qualify for this program
- If you have a severe mental or physical disability, you can apply
- If your disability has interfered with getting and/or keeping a job, you may be eligible for this service

How can I apply for these services?

Call the Kentucky Office of Vocational Rehabilitation in Frankfort:

Phone: (800) 372-7172 or (502) 564-4440

What can I expect during this phone call?

- An appointment will be made for you to meet with a counselor
- You will apply for OVR services, specifying Supported Employment
- You can also access a list of service providers by calling the number above

How can I learn more?

Supported Employment Web sites:

www.ovr.ky.gov/programservices/se

www.ihdi.uky.edu/setp

Vocational Rehabilitation (Voc Rehab)

What is Voc Rehab?

The Kentucky Office of Vocational Rehabilitation assists Kentuckians with disabilities to achieve suitable employment and independence.

Do I qualify for Vocational Rehabilitation services?

- You must require Vocational Rehabilitation services in order to attain your employment goals
- If you receive Social Security disability benefits, you are considered to be an individual with a significant disability and are presumed to be eligible for services
- Your impairment must result in a substantial impediment to employment
- It is not necessary to receive SSI to qualify for this program
- Must be of employable age by completion of rehabilitation

How can I apply for Vocational Rehabilitation?

Contact the Office of Vocational Rehabilitation:

Office of Vocational Rehabilitation Central Office
CHR Building
275 E. Main Street, Mail Stop 2E-K
Frankfort, KY 40621

Voice: (502) 564-4440 / (800) 372-7172 (in Kentucky)

(TTY) (888) 420-9874

What can I expect during this phone call?

- An appointment will be made for you to meet with a counselor.
- Your eligibility will be determined within 60 days of your application.

How can I learn more?

Vocational Rehabilitation Web site: **www.ovr.ky.gov**

Social Security Disability Income (SSDI)

What is SSDI?

Social Security Disability Insurance (SSDI) is a federal cash benefit that may be available if a person is disabled.

Do I qualify for SSDI?

- Social Security Disability eligibility is determined on having a disability and SSDI payments are based on your prior work. Your spouse and other dependents may be eligible for SSDI payments based on your work history. Their income may affect their amount of benefits, but their income does not affect the amount that you draw for yourself.
- Eligibility for both SSI and SSDI is possible if SSDI benefit rates are low enough
- If you qualify for SSDI benefits you will be eligible for Medicare after receiving benefits for two years
- At age 65 your SSDI benefits automatically roll over to Social Security Retirement benefits

How can I apply for SSDI?

Call the Social Security Administration (SSA) office to schedule an appointment at your local office:

Phone: (800) 772-1213.

How can I learn more?

Social Security Administration Web site: **www.ssa.gov**

State General Funds

What are State General Funds?

State General Funds are dollars that Community Mental Health Centers can use flexibly. These versatile dollars can fund short term supports that include but are not limited to respite, crisis intervention, and case management.

Do I qualify and how do I apply?

Due to the flexible nature of these funds, you will need to contact your local Community Mental Health Center to determine if funds are available for the services you need.

Community Mental Health Center listings begin on page 36.

Supplemental Security Insurance (SSI)

What is SSI?

SSI is a need-based program designed to provide a minimum income to people unable to work due to disability or retirement who are otherwise uninsured or underinsured and have insufficient income from other sources.

Do I qualify for SSI?

- To receive SSI, you must be 65 or older or blind or disabled
- Children as well as adults can receive benefits
- SSI is based on financial need
- You must be determined disabled by the Social Security Administration Disability Determination Office
- SSI recipients are automatically eligible for Medicaid

How can I apply for SSI?

Call the Social Security Administration (SSA) office to schedule an appointment at your local office:

Phone: (800) 772-1213.

How can I learn more?

Social Security Administration Web site: **www.ssa.gov**

Traumatic Brain Injury (TBI) Trust Fund and Benefit Management Program

What is TBI?

This program offers flexible, funding and support for people with traumatic brain injuries.

Do I qualify?

Must have:

- Partial or total disability caused by injury to the brain
- Damage to the brain from physical trauma, lack of oxygen, allergic conditions, toxic substances and other medical incidents
- Impaired cognitive abilities or impaired brain function resulting from allergic conditions, toxic substances, or other acute medical clinical incidents

There is a benefit limit of $15,000 per individual per year, with a lifetime maximum of $60,000.

Exclusions:

- The following services are not covered under this program:
- Medications
- Institutionalizations
- Hospitalization
- Services for anyone who is a hospital or institutional resident

How can I apply for TBI?

Contact Eckman-Freeman, the program administrator, for additional information:

Phone: (800) 447-4984

How can I learn more?

TBI Email address: **info-kybif@eckmanfreeman.com**

TBI Web site: **www.kybraininjuryfund.org**

Accessibility Information

Often, the most immediate issue facing an individual with disabilities is accessibility.

Employment Services

Office of Vocational Rehabilitation

Provides services to individuals with disabilities to prepare for, secure, retain or regain appropriate employment.
Web site: **www.ovr.ky.gov**

KY Cabinet for Workforce Development

Connecting Kentucky to employment, workforce information, education and training.
Web site: **www.state.ky.us/agencies/wforce**

Supported Employment

Assists persons with disabilities to find and maintain employment.
Web site: **www.ovr.ky.gov/programs_services/supported_employment_program.htm**

Assistive Technology

Refers to devices and tools that may be available to persons with disabilities that allow them to participate more fully in the activities of daily life.
Web site: **www.katsnet.org** or **www.katlc.ky.gov**

Accessible Faith Organizations

Consider the following issues when looking for a place of worship:

· Are the buildings and sanctuary accessible?

· Are the programs and ministries accessible?

· Are the social activities accessible?

Kentucky Council of Churches

(859) 269-7715
Exec. Dir., Nancy Jo Kemper
Email: **jlh@kycouncilofchurches.org**
Web site: **www.kycouncilofchurches.org**

Two examples of resources in central Kentucky are:

Catholic Diocese of Lexington

(859) 253-1993
Chancellor: Jim Paris: **jparis@cdlex.org**
Coordinator for Ministries for Persons with Disabilities: Mary Petry: **jmpetry@mis.net**
Web site: **www.cdlex.org**

Temple Adath Israel

(859) 269 2979
Rabbi Marc Kline
Web site: **www.lextai.org**

Accessibility Information (cont'd)

Accessible Transportation

Human Development Institute at the University of Kentucky

Getting around town for either medical or personal ventures can be fulfilling for someone with a disability when the right services are available. The HDI staff has worked diligently to locate and list these accessible services. We have compiled a list of statewide transportation services available to individuals with disabilities, constructed the list by county to enable individuals to quickly and efficiently find their area and transportation services provided within it. In addition we have listed the transportation services offered through Medicaid. These services are categorized by region and county. With the ever changing size and quality of transportation services, we will routinely update and modify any changes necessary. To obtain a hard copy of the Transportation Manual, please call HDI at (859) 257-2569 or (859) 257-1714. You can also view the Transportation Manual from the Products and Resources page of our website at **www.hdi.uky.edu.**

Kentucky Assistive Technology Loan Corporation

May offer funds to individuals with disabilities for the purpose of vehicle modifications (van lifts, etc...)
Web site: **www.katlc.ky.gov**

Special Services and Equipment Fund

The State General Fund may have funds available for vehicle modifications or transportation services.

Accessible Education

Schools cannot discriminate based on disability. If you have a child with a disability and have concerns about educational programs that your child may be entitled to or eligible for, contact your local public school system. If you have concerns about state laws and education, contact:

Kentucky Department of Education

500 Metro Street, 6th Fl. CPT
Frankfort, KY 40601.
(502) 564-2000
Web site: **www.kde.state.ky.us/KDE**

If you wish to file a dispute over educational programs that you believe you child is entitled to but does not receive, contact:

Kentucky Protection and Advocacy

100 Fair Oaks Lane, Third Floor
Frankfort, KY 40601
(800) 372-2988 / (502) 564-2967 (Voice and TTY)
Fax: (502) 564-0848
Web site: **www.kypa.net**

Accessible Housing

Kentucky Housing Corporation

Home loans are made to low- to moderate-income households wanting to purchase a single-family dwelling located within the state of Kentucky.
(800) 633-8896 / TTY: 711
Web site: **www.kentuckyhousing.org**

Accessibility Information (cont'd)

Kentucky Housing Rental Assistance
Offers very low-income residents an opportunity to find housing at an affordable price.
Web site: **www.kentuckyhousing.org**

HUD
Homes range in price, but most are affordable for low-income and moderate-income Americans.
Web site: **www.kentuckyhousing.org**

HUD Federal Rental Assistance
HUD funds several rental assistance programs.
Web site: **www.hud.gov/renting/index.cfm**

Kentucky Assistive Technology Loan Program
May offer funds to individuals with disabilities for the purpose of vehicle modifications (van lifts, etc...)
Web site: **www.katlc.ky.gov**

Accessible Recreation

Accessible recreational activities are available through a variety of agencies and organizations. The Human Development Institute has created a Recreation Manual with available activities offered across the state. To obtain a hard copy of the Recreation Manual, please call HDI at (859) 257-1714. You can also view the Recreation Manual from the Products and Resources page of our website at **www.hdi.uky.edu.**

Contact your local **Parks and Recreation** Department or your local **YMCA** for information about the programs and activities that they offer.

Web site: **www.ymca.net/maps** to find the YMCA closest to your location

Kentucky Derby Festival Marathon & Mini Marathon
An excellent course for wheelers and runs in compliance with rules of the Wheelchair Athletics of the USA.
(502) 584-6383
Web site: **www.derbyfestivalmarathon.com**

Central Kentucky Radio Eye (CKRE)
CKRE is an independent, local non-profit radio reading service where volunteers read printed materials for people who have lost the ability to read. CKRE broadcasts 24 hours a day, 365 days a year. Special pre-tuned radios given to listeners pick up the signal within a 50-mile radius of Lexington. The broadcast also reached listeners in local hospitals and is available through the Web site at **www.radioeye.org**. For more information, please call (859) 278-2029.

Cardinal Hill "Hill on Wheels" Basketball
Cardinal Hill Rehabilitation Hospital is proud to sponsor the "Hill on Wheels" Wheelchair Basketball Team. "Hill on Wheels" is a community-based team that provides an opportunity for individuals with a permanent lower extremity disability to play basketball in a competitive environment. The team was founded in 2002. Cardinal Hill offers men's and women's basketball for adults with mobility impairments. For more information, contact Cindy Jacobelli at (859)-254-5701 Ext. 5642 or caj2@cardinalhill.org.
Web site: **http://www.cardinalhill.org/services/athletics-recreation**

Accessibility Information (cont'd)

Kentucky Horse Park
Offers some accessible recreational activities, and its campus is widely accessible for touring.
4089 Iron Works Parkway, Lexington, KY 40511

(800) 678-8813 / (859) 233-4303; Web site: **www.kyhorsepark.com**

Special Olympics of Kentucky
The Special Olympics is the world's largest program of year-round sports training and competition for persons with intellectual disabilities. The calendar year is divided into four different sport seasons and during each season, specific sports are offered. Special Olympics Kentucky offers over 15 official sports: alpine skiing, aquatics, basketball, bocce', bowling, cheerleading, equestrian, flag football, golf, gymnastics, ice skating, powerlifting, snowshoeing, soccer, softball, and track and field. To become involved or to find the program near you, please contact our state office at (800) 633-7403 or visit **www.soky.org**. Through the vehicle of sports, we are changing lives by teaching inclusion, tolerance and acceptance.

Accessible Respite Care

Respite Care consists of short term and temporary care to families with members who have disabilities, so that the caregivers and other family members can take a break from their daily routine of care giving. Respite care can also be offered overnight or for an extended period of time. Respite care helps alleviate the stress and consistent nature of caring for relatives with disabilities. Respite care also helps prevent burnout on behalf of the caregiver and family members. Furthermore, respite care also provides a change of daily schedule for the child which can help strengthen both the child's independence and relationships with others. Depending on the organization or volunteer(s), respite caregivers either visit the homes of these families or require visiting a day care center or a respite group home. "Host families" or exchange programs consist of other families who also have a member with a disability temporarily caring for a friend or neighbor's child and vice versa.

LifeSkills, Inc.
Offers respite care relief for individuals and families affected by mental illness, developmental disabilities and substance abuse.
280 Suwannee Trail Street, Bowling Green, KY, 42102
(270) 901-5000
Web site: **www.lifeskills.com**

Bluegrass Regional Mental Health and Mental Retardation Board
Can arrange respite care services for individuals with developmental disabilities.
1351 Newtown Pike, Lexington, KY 40511
(859) 253-1686
Web site: **www.bluegrass.org**

Christian Appalachian Project Rainbow Respite Center's CAP Disabilities Service in Lancaster
Provides respite care either in their residential setting or within the family's home or community.
(866) 270-4227
The Christian Appalachian Project, P.O. Box 55911, Lexington, KY 40555
Email: **capinfo@chrisapp.org**
Web site: **www.christianapp.org**

Accessibility Information (cont'd)

Audubon Area Community Services, Inc.
Offers respite care services for families receiving benefits from KTAP.
1800 W. Fourth Street, Owensboro, KY 42304
(270) 686-1600
Email: **mail@audubon-area.com**
Web site: **www.audubon-area.com**

Seven Counties Services, Inc.
Located in Louisville. Provides respite care services for children with developmental disabilities.
101 W. Muhammed Ali Blvd., Louisville, KY 40202-1451
(800) 221-0446 / (502) 589-4313
Web site: **www.sevencounties.org**

Independence Place
Accepts information and makes referrals for families seeking respite care services.
824 Euclid Ave., Suite 101, Lexington, KY 40502
(859) 266-2807
Email: **info@independenceplaceky.org**
Web site: **www.independenceplaceky.org**

Disability Resource Initiative
Offers personal care attendants for individuals 18 years or older who have lost the use of two or more limbs.
624 Eastwood Dr., Bowling Green, KY 42103
(270) 796- 5992
Email: **initiative@dri-ky.org**
Web site: **www.dri-ky.org**

Cumberland River Community Mental Health Center - Corbin, KY
Offers respite care for individuals supported by Cumberland River Care Center. Emergency respite care request is accepted and handled on a case by case basis.
Kim Wake or Chad Jackson: (606) 528-7010
Web site: **www.crccc.org**

First Steps
Kentucky's Early Intervention System which offers respite care for children with developmental delays (aged 0-3 years). Also offers emergency respite care services.
First Steps, Department for Public Health, 275 E. Main St., HS2W-C, Frankfort, KY 40621
(502) 564-8003
Web site: **www.chfs.ky.gov/dph/firstSteps**

Advocacy Resources

AUCD - Association of University Centers on Developmental Disabilities
National network of University Centers for Excellence in Developmental Disabilties.
(301) 588-8252
Web site: **www.aucd.org**

Americans with Disabilities Initiative
This is a good site for general information on the ADA as well as other resources.
(502)564-6606; Toll free: (877) 423-2933; TDD: 711; Fax: (502)564-2316
Web site: **www.usdoj.gov/crt/ada** or **www.ada.ky.gov**

Bluegrass Regional Mental Health and Mental Retardation Board
(859) 253-1686; Fax: (859) 255-4866
1351 Newtown Pike.
Lexington, KY 40511
Web site: **www.bluegrass.org**

Arc of Kentucky
706 E. Main Street, Suite A
Frankfort, KY 40601
(800) 281-1272 or (502) 875-5225; Fax: (505) 875-5226
Email: **ArcofKy@aol.com**
Web site: **www.arcofky.org**

Arc of the United States
The national organization of and for people with intellectual disabilities and related developmental disabilities and their families.
(800) 433-5255 / (301)565-3842
Email: **info@thearc.org**
Web site: **www.thearc.org**

The Council for Exceptional Children
The largest international professional organization dedicated to improving educational outcomes for individuals with exceptionalities, students with disabilities, and/or the gifted.
(888) 232-7733; TTY: (866) 915-5000
Web site: **www.cec.sped.org**

The Council on Developmental Disabilities
An association of families and friends of persons with developmental disabilities with a 50 year history of advocacy involvement including parent outreach and citizen advocacy programs. In the fall of 2002, the Council opened the Leadership Institute, established to educate for leadership, service and advocacy.
CDD: (502) 584-1239 ; Leadership Institute: (502) 584-1239
Email: **info@councilondd.org**
Web site: **www.councilondd.org**

Human Development Institute at the University of Kentucky
The mission of HDI is to promote independence, productivity, and integration of all people through numerous research, training, and outreach activities.
(859) 257-1714
Web site: **www.hdi.uky.edu**

Advocacy Resources (cont'd)

Family Voices
A national grassroots network of families and friends, advocates for health care services that are family-centered, community-based, comprehensive, coordinated and culturally competent for all children and youth with special health care needs; promotes the inclusion of all families as decision makers at all levels of health care; and supports essential partnerships between families and professionals.
(888) 835-5669 / (505) 872-4774 (National office) or (502) 595-4459, Ext. 279 (KY office)
Email: **kidshealth@familyvoices.org**
Web site: **www.familyvoices.org**

FIND (Family Information Network on Disabilities)
FIND of Louisville is a Community Parent Resource Center, which is a federal grant program of the US Dept. of Education. FIND of Louisville serves families with children who have disabilities and attend Jefferson County Public Schools. FIND of Louisville serves families of children with all disabilities.
(502) 587-6500
Web site: **www.findoflouisville.org**

Kentucky Disabilities Coalition
A statewide alliance of consumer, family, and professional groups for a better life for all Kentuckians with disabilities.
(502) 875-1871

Kentucky Consumer Advocate Network
A non-profit state funded organization that offers services for people statewide.
(800) 564-8034 / (502) 245-5281
Email: **kentuckycan@yahoo.com**
Web site: **www.kycan.org**

Kentucky Education Rights Center, Inc.
Comprised of individuals who as advocates and attorneys have represented children with disabilities with school-related problems for a number of years. The endeavor of this organization is to provide this assistance, but to do so without families incurring financial hardships.
(859) 983-9222
Email: **kerc@edrights.com**
Web site: **www.edrights.com**

Kentucky Council on Developmental Disabilities (KCDD)
The mission of the KCDD is to create change through visionary leadership and advocacy so people have choices and control over their own lives. The KCDD, along with HDI and KY Protection and Advocacy, are part of our state's Developmental Disabilities Network.
Toll Free: (877) 367-5332; TTY: 800-627-4702
Web site: **www.chfs.ky.gov/kcdd**

KY ADA
The State Office of the Americans with Disabilities Act provides technical assistance, consultations and training to government agencies and programs regarding the Americans with Disabilities Act. Technical assistance and training areas include: employment, programs, services, and facilities. The Office also responds to inquiries by local governments, businesses and individuals throughout the Commonwealth.
(877) 423-2933 / (502)564-3850; TDD: 711
Web site: **www.ada.ky.gov**

Advocacy Resources (cont'd)

KY SPIN – Kentucky Special Parent Involvement Network, Inc.

KY-SPIN is a 501(c)3 non-profit organization dedicated to promoting programs which will enable persons with disabilities and their families to enhance their quality of life. SPIN (Special Parent Involvement Network) is a statewide project of KY-SPIN, Inc. SPIN-PTI (Parent Training & Information Project) is funded by the U.S. Dept. of Education. SPIN provides training, information and support to people with disabilities, their parents and families, and information on all types of disabilities and topics for all age groups. All services of the SPIN-PTI are free to all participants.
(800) 525-7746 / (502) 937-6894
Email: **spininc@kyspin.com**
Web site: **www.kyspin.com**

KY Protection and Advocacy

An independent state agency, mandated by federal law, whose mission is to protect and promote the rights of Kentucky residents with disabilities through legally-based individual and systemic advocacy and education. KY Protection and Advocacy, along with HDI and the KY Council on Developmental Disabilities, is part of our state's Developmental Disabilities Network.
(800) 372-2988 (Message Line & TTY) / (502) 564-2967
Web site: **www.kypa.net**

KY Self Advocates for Freedom

A statewide group run for and by people with disabilities, committed to working in partnership to promote equal rights, inclusion, self-advocacy, support and education in all realms of life.
(859) 245-0717
Web site: **www.kyselfadvocates.com**

PASRR Preadmission Screen and Resident Review

The Department for Behavioral Health, Developmental and Intellectual Disabilities mandates a preadmission screening and resident review (PASRR) for all persons applying for admission to or residing in a nursing facility.
(502) 564-4527; TTY: (502) 564-5777
Web site: **www.mhmr.ky.gov/KDMHMRS/pasrr.asp**

TASH Disability Advocacy Worldwide

An international association of people with disabilities, family members, other advocates and professionals working for a society in which inclusion of all people in all aspects of society is the norm.
(202) 263-5000
Web site: **www.tash.org**

TASH, Kentucky Chapter

Located in Louisville.
(502) 239-4805
Web site: **www.tash.org/dev/TashPublic/Chapters.aspx**

Autism Information

National

Autism Society of America

The Autism Society is a national organization that exists to improve the lives of all affected by autism, by increasing public awareness about the day-to-day issues faced by people on the spectrum, advocating for appropriate services for individuals across the lifespan, and providing the latest information regarding treatment, education, research and advocacy.
(800) 328-8476 / (301) 657-0881
Web site: **www.autism-society.org**

State

These listings are examples of organizations across the state. This is not meant to be an exhaustive list, and additional resources may be available in certain areas. A list of local ASD-related supported groups can be found at **http://www.ket.org/kidshealth/development/pdf/autism_support_groups.pdf.**

Autism Society of the Bluegrass (ASBG)

The Autism Society of the Bluegrass is a resource and support group for families and professionals in the Central Kentucky area who are involved with autism. A chapter of the Autism Society of America and a 501 (c) (3) non-profit organization, they provide education as well as scholarships for members to obtain continuing autism-related education.
(859) 299-9000
Web site: **www.asbg.org**

Autism Society of Kentuckiana (ASK)

ASK is a non-profit organization serving Greater Louisville and Southern Indiana that provides support for families affected by Autism Spectrum Disorders. ASK provides resources and education for families and individuals through our monthly support meetings, workshops and social events.
(502) 263-5708
Web site: **www.ask-lou.org**

Families for Effective Autism Treatment (FEAT) of Louisville

Families for Effective Autism Treatment (FEAT) of Louisville is a support organization that is very active in our community. Created for families, FEAT of Louisville is dedicated to easing the autism journey through ongoing support, education and programs.
(502) 596-1258
Web site: **www.featoflouisville.org**

Down Syndrome Information

National

National Down Syndrome Society (NDSS)

The mission of the National Down Syndrome Society is to be the national advocate for the value, acceptance and inclusion of people with Down syndrome.
(800) 221-4602
Email: **info@ndss.org**
Web site: **www.ndss.org**

National Down Syndrome Congress (NDSC)

The NDSC provides up-to-date information on topics of interest to people with Down syndrome, family members, friends, professionals and interested others. The Center works to promote the availability of and accessibilty to a full range of opportunities and/or resources that meet individual and family needs.
(800) 232-6372 / (770) 604-9500
Email: **info@ndsccenter.org**
Web site: **www.ndsccenter.org**

State

These listings are examples of organizations across the state. This is not meant to be an exhaustive list, and additional resources may be available in certain areas.

Down Syndrome Association of Central Kentucky (DSACK)

DSACK is a non-profit volunteer organization comprised of families and professionals who are interested in bettering the lives of people with Down syndrome, and helping them to realize their life aspirations. DSACK's ultimate goal is to provide support, resources, and opportunities for individuals with Down syndrome and their families.
(859) 494-7809
Web site: **www.dsack.org**

Down Syndrome of Louisville

Down Syndrome of Louisville is a non-profit organization founded in 1977 whose mission is to improve the lives of persons with Down syndrome and their families by providing support, information, education, and advocating for their rights and concerns, enabling individuals to reach their full potential.
(502) 495-5088
Email: **info@downsyndromeoflouisville.org**
Web site: **www.downsyndromeoflouisville.org**

Down Syndrome Association of Greater Cincinnati (DSAGC)

The DSAGC is a 501C-3 non-profit organization established in 1981 with a history of responding to the changing needs of individuals with Down syndrome, serving southwest Ohio, northern Kentucky and southeastern Indiana including Hamilton, Butler, Brown, Clermont, Warren, Boone, Campbell, Kenton and Dearborn counties.
(888) 796-5504 / (513) 761-5400
Web site: **www.dsagc.com**

Community Mental Health Centers

Four Rivers Behavioral Health
425 Broadway
Paducah, KY 42001
(270) 442-7121
24 hour Crisis and Information Line:
(800) 592-3980
Web site: **www.4rbh.org**
Counties served: Ballard, Calloway, Carlisle, Fulton, Graves, Hickman, Livingston, Marshall, and McCracken.

Pennyroyal MH / MR Board
735 North Drive
Hopkinsville, KY 42240
(270) 886-5163 or
24-hour line : (877) 473-7766 or in Christian County (270) 881-9551
Web site: **www.pennyroyalcenter.org**
Counties served: Caldwell, Christian, Crittenden, Hopkins, Lyon, Muhlenberg, Todd, and Trigg.

River Valley Behavioral Health
1100 Walnut Street
P.O. Box 1637
Owensboro, KY 42301
(800) 737-0696
Web site: **www.rvbh.com**
For all first appointments and referrals to River Valley Behavioral Health outpatient services, call Point of Entry: (270) 683-4039 or (800) 737-0696
Counties served: Daviess, Hancock, Henderson, McLean, Ohio, Union, and Webster.

LifeSkills
380 Suwanee Trail Street
Bowling Green, KY 42102
(270) 901-5000
24 hour Crisis line:
(800) 223-8913 (Outside Warren County)
Web site: **www.lifeskills.com**
Counties served: Allen, Barren, Butler, Edmonson, Hart, Logan, Metcalfe, Monroe, Simpson, and Warren.

Communicare, Inc.
107 Cranes Roose Court
Elizabethtown, KY 42701
(270) 765-2605
Web site: **www.communicare.org**
Counties served: Breckinridge, Grayson, Hardin, Larue, Marion, Meade, Nelson, and Washington.

Seven Counties Services, Inc.
101 W. Muhammad Ali Blvd.
Louisville, KY 40202-1451
24-hour crisis line: (800) 221-0446 or
(502) 589-4313/ TDD (502) 589-4259
Web site: **www.sevencounties.org**
Counties served: Bullitt, Henry, Jefferson, Oldham, Spencer, Shelby, and Trimble.

NorthKey Community Care
503 Farrell Dr.
Covington, KY 41011
(859) 781-5586
24-hour crisis line: (859) 331-1792 or
toll-free (877) 331-3292
Web site: **www.northkey.org**
Counties served: Boone, Campbell, Carroll, Gallatin, Grant, Kenton, Owen, and Pendleton.

Comprehend, Inc.
611 Forest Ave.
Maysville, KY 41056
(606) 564-4016
After Hours Emergency: (877) 852-1523
Web site: **www.comprehendinc.com**
Counties served: Bracken, Fleming, Lewis, Mason, and Robertson.

Pathways, Inc.
P.O Box 790
Ashland, KY 41105-0790
(606) 329-8588 or (800) 562-8909
Web site: **www.pathways-ky.org**
Counties served: Bath, Boyd, Carter, Elliott, Greenup, Lawrence, Menifee, Montgomery, Morgan, and Rowan.

Community Mental Health Centers (cont'd)

Mountain MH / MR Board
104 South Front Ave.
Prestonsburg, KY 41653
(606) 886-8572
Web site: **www.mtcomp.org**
Counties served: Floyd, Johnson, Magoffin, Martin, and Pike.

Kentucky River Community Care
115 Rockwood Lane
Hazard, KY 41701
(800)262-7491
TTY/TDD: (800) 787-5043
Web site: **www.krccnet.com**
Counties served: Breathitt, Knott, Lee, Leslie, Letcher, Owsley, Perry, and Wolfe.

Cumberland River MH / MR Board
P.O Box 568
Corbin, KY 40702
(606) 528-7010
Web site: **www.cumberlandriver.com**
Counties served: Bell, Clay, Harlan, Jackson, Knox, Laurel, Rockcastle, and Whitley.

Adanta MH / MR Board
259 Parkers Mill Rd.
Somerset, KY 42501
(606) 679-4782
Emergency Crisis Line (TDD/TTY) :
(800) 633-5599
Web site: **www.adanta.org**
Counties served: Adair, Casey, Clinton, Cumberland, Green, McCreary, Pulaski, Russell, Taylor, and Wayne.

Bluegrass MH /MR Board
1351 Newtown Pike
Lexington, KY 40511
(859) 253-1686, Fax: (859) 255-4866
24-hour crisis line: (800) 928-8000
Web site: **www.bluegrass.org**
Counties served: Anderson, Bourbon, Boyle, Clark, Estill, Fayette, Franklin, Garrard, Harrison, Jessamine, Lincoln, Madison, Mercer, Nicholas, Powell, Scott, and Woodford.

State and Federal Legislators

Some of the resources listed in this manual include excellent programs that are unfortunately limited in availability. It is important to let your legislators know your thoughts about these programs and services as well as your thoughts about future services.

State Legislators:

Legislative Message Line: (800) 372-7181

Bill Status Line 866-840-2835

For a complete listing of State Legislators: **www.lrc.ky.gov**

Federal Legislators:

Name	Phone	Web site
Jim Bunning (Senate)	(202)224-4343	**www.bunning.senate.gov**
Mitch McConnell (Senate)	(202)224-2541	**www.mcconnell.senate.gov**
Ben Chandler (House)	(202)225-4706	**www.chandler.house.gov**
S. Brett Guthrie (House)	(202)225-3501	**www.guthrie.house.gov**
John Yarmuth (House)	(202)225-5401	**www.yarmuth.house.gov**
Geoff Davis (House)	(202)225-3465	**www.geoffdavis.house.gov**
Harold Rogers (House)	(202)225-4601	**www.halrogers.house.gov**
Ed Whitfield (House)	(202)225-3115	**www.whitfield.house.gov**



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Alternate formats of this document are available upon request

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